

Vaccine in short for the **MMR vaccine**

What is this vaccine for?

This vaccine protects your child against several diseases:

- **Mumps.** Your child may develop inflammation of the salivary glands or the membrane around the brain (meningitis). Mumps can also cause a swollen cheek and pain when chewing or swallowing.
- **Measles.** Your child may experience fever, coughing and cold symptoms. After a few days, red spots appear on the skin. Measles can also cause inflammation of the lungs or the brain. Long term complications may occur, such as deafness or brain damage. Brain damage may lead to difficulty walking or severe headaches.
- **Rubella.** Your child may develop fever and a rash all over the body. Swollen glands in the neck may also occur.

How does this vaccine work?



After vaccination, your child's body recognises the viruses that cause mumps, measles and rubella. If your child comes into contact with these viruses after vaccination, their body can quickly produce antibodies that neutralise this virus.

As a result, your child will either not become ill or will become much less ill.

When will my child receive this vaccine?



Your child receives this vaccination **twice**. In the National Immunisation Programme, the first dose is given at 14 months of age.

If your child was born in 2022 or later, the second dose is given at 3 years of age.

If your child was born between 2016 and 2021, the second dose is given between 5 and 9 years of age. You will receive an invitation for this in 2025, 2026 or 2027.

Your child may receive an adjusted schedule. Always follow your child's schedule.



The injection is given in the upper leg or upper arm.

This vaccination is part of the

National Immunisation Programme.

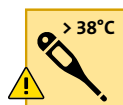
This is a government programme designed to protect people against infectious diseases. Vaccinations that are part of the National Immunisation Programme are free of charge.

What should I do if my child has not received the vaccination?



If your child has **missed** the appointment for the vaccination, make a new appointment as soon as possible.

Most important warnings



If you have a **fever** before receiving the vaccination, you may become even more unwell. The RIVM advises you to make a new appointment for the vaccination if you have a fever above 38.5°C.



If you have a **mild infection**, such as a cold, discuss with your doctor whether you should make a new appointment for the vaccination.

Most important side effects

As with other vaccines, your child may experience side effects. This is because the vaccine activates your child's immune system. The immune system provides protection against mumps, measles and rubella.

Approximately 1 in 10 children may experience:

- Pain, redness or swelling at the injection site.
- Fever.

Approximately 1 in 100 children may experience:

- A bruise at the injection site.
- Rash.

More information

If you have any further questions or concerns about vaccinating your child, discuss them with the child health doctor, your doctor or a pharmacist.

For the official package leaflet, see ema.europa.eu. For more information, you can also visit apotheek.nl, thuisarts.nl or rijksvaccinatieprogramma.nl/en. If you would like to report a side effect, or learn more about side effects, you can do so via lareb.nl/en.